



What the heck is The Shadow?

The concept of the shadow was originated by C. G. Jung. By understanding the role of The Shadow, both personal and collective. Will help us in reaching our highest expression, our true identity, as human beings. Which is aligned with the worldview of Simple Reality.



THE FALSE SELF
UNGROUNDED REALITY



THE TRUE SELF
AUTHENTIC REALITY

WHO KNOWS WHAT EVIL LURKS IN THE HEARTS OF MEN ?

THE SHADOW KNOWS.

YOUR FALSE SELF SHADOW

*The elements of the false self
such as feelings, emotions,
ideas, and beliefs which are
repressed due to education,
culture, or value system.*

YOUR TRUE SELF SHADOW

*The conscious and intentional
process of integrating that
which we have chosen to
ignore or repress.*

*"For there is nothing hid except to be made manifest,
nor is anything secret except to come to light."*

MARK 4:21